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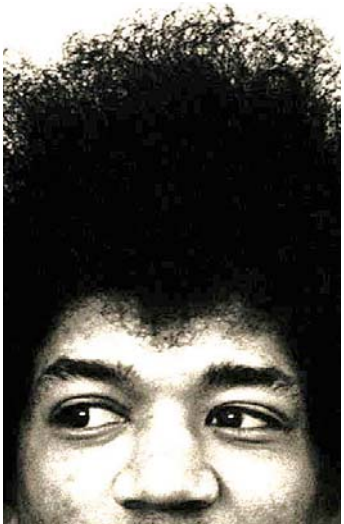
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Before After
Before After

Monday

MARCH 8, 2010 | A PUBLICATION OF *The Washington Post* | NEWS, ENTERTAINMENT, ARTS, LIFESTYLES | **FREE DAILY**



IMMORTAL
Jimi Hendrix comes alive on a new album of unreleased songs **24**

CONFLICTING REPORTS
U.S.-born al-Qaeda spokesman is said to be held in Pakistan **9**

FEEL ANY SAFER?
Full-body scanners will arrive this week at nine U.S. airports **3**

 The 2010 Oscars ended after Express' deadline. For full coverage, visit washingtontimes.com.

am 57 38 pm
FOR EXTENDED FORECAST, SEE PAGE 29



IRAQ VOTES

UNDAUNTED

Iraqis defy militants to cast ballots in a historic election **11**

EXPRESS PHOTO ILLUSTRATION/PHOTO BY KHALID MOHAMMED/AP



EYE OPENERS

An Epic Battle Concludes

An argument over a McDonald's parking spot has ended in an assault conviction for Vernon Brandt of Loveland, Colo. On the day of the 2008 assault, Brandt's truck was blocking the spot Richard Albers, 85, has used almost every morning for 16 years. Brandt allegedly knocked Albers to the ground with his truck's door, grabbed him and threatened to fight him. Prosecutors said the men had argued over the spot before. (AP)

Child Learns Valuable iPad Acquisition Skills

Michelle Cuestas camped out for 43 hours to make sure her grandson would be first in line for the 2010 opening of a Stevens Point, Wis., ice-cream landmark. Thanks to her, 6-year-old Brayden Banks placed the first order at Belts' Soft Serve for the year. Cuestas planned to spend the first night in her car but after locking her keys in the car, she slept in a bathroom. (AP)

New Year's Resolution To Use Public Transit Fails



Police said a North Pole, Alaska, woman accused in December of stealing TVs and hiring a cab as her get-away car, struck again on Friday — one week after she posted bail in the first case. The woman was arrested late last year for going into a Sam's Club on two occasions and allegedly stealing \$6,000 worth of televisions, then loading them into a taxi. (AP)

The Big Picture



SOME TOP NAMES in French fashion had an unusual assignment: Design haute couture robes for a statue of the Virgin Mary (and child!) in Toulouse, France's Notre Dame de la Daurade church. The garments — like this Pop Art-y number by Jean Michel Broc — were unveiled in a ceremony on Sunday. (EXPRESS)

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Republican: Let's Make Gitmo Deal

Washington

A Republican senator is offering the White House a deal on terror trials.

South Carolina Sen. Lindsey Graham said that if President



Graham

Obama agrees to try alleged Sept. 11 mastermind Khalid Sheik Mohamed and four accused accomplices in military tribunals, he

will press fellow Republicans to vote to close the Guantanamo Bay prison.

Graham, interviewed Sunday on CBS television's "Face the Nation," said reversing Attorney General Eric Holder's plan to try the suspected terrorists in a civilian court in New York City would be seen by the public as an act of leadership. The White House is undergoing a thorough review of Holder's plan.

Closing Guantanamo was a key promise that President Barack Obama made when it took office, but it remains unfulfilled as he battles pressure from Republicans and Democrats alike. (AP)

TSA Rolls Out Full Body Scanner

Device will soon be standard at airports around the country

Burbank, Calif.

Waiting for her bags here at Bob Hope International Airport, Doris Kern is easily engaged on the subject of using body scanners to screen airline passengers.

"I will feel safer when more places use them," she said. "But given the option, I'd rather take a pat down."

The Transportation Security Administration announced Friday that nine U.S. airports will receive the machines in the next week as the Obama administration heightens security efforts in the wake of the attempted bombing of a flight on Christmas day.

Three machines will go online Monday at Boston's Logan International Airport, to be followed by units at Fort Lauderdale, Fla.; San Jose, Calif.; Columbus, Ohio; San Diego; Charlotte, N.C.; Cincinnati; Los Angeles; Oakland, Calif., and Kansas City.



TSA employees demonstrate a body scanner that will be in use beginning on Monday at Boston's Logan International Airport.

Experts say the rollout of body scanners at U.S. airport security checkpoints will not be accompanied by the strong public resistance met in Europe. A Gallup Poll released in January found that 78 percent of respondents said they approved of using the scanners, and 67 percent said they are comfortable being examined by one.

Passengers will have the option of accepting or declining a body scan. Those who do — and pass — will not have to pass through a metal detector or other security equipment. Those who decline must walk through a metal detector and submit to a pat down.

The scanners, which allow the TSA to see beneath a passenger's

clothing, have drawn fire from civil libertarians. The American Civil Liberties Union denounced it as a "virtual strip search."

The TSA counters that the images are seen only by a security officer in a remote room, that passengers' faces will be blurred, and that the images aren't stored. **DANIEL B. WOOD** (CHRISTIAN SCIENCE MONITOR)



DISEASE

The virus that causes AIDS can hide in the bone marrow, avoiding drugs and later awakening to cause illness, according to new research that could point the way toward better treatments. In recent years, drugs have reduced AIDS deaths sharply, but patients need to keep taking the medicines for life or the infection comes back. That's an indication that some of the disease remains hidden away, only to flare up once drug therapy is stopped.

Winter Allergies?

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Indecision on Health Bill

Three House Dems unsure how they'll vote on legislation

Washington

A top House Democrat said Sunday he believes Congress will pass a health care bill, but three fellow Democrats who opposed overhaul legislation last fall aren't committing themselves to backing President Obama's late push.

The House and the Senate approved different version of the legislation by narrow margins. Merging the bills became more complicated when Senate Democrats lost their filibuster-proof majority in January. House members are reluctant to approve the Senate plan on the promise that



Rep. Jason Altmire is a crucial swing vote on the Democrats' health care bill.

senators will tinker with provisions House members find objectionable.

Rep. Chris Van Hollen, D-Md., who heads the House Democrats' campaign team, said House mem-

bers are waiting to see the final plan and how the Congressional Budget Office analyzes its budget implications.

"I believe it will pass. Do we have a mortal lock? No," Van Hollen said. "But I think the trend is in the right direction because people see that the status quo is absolutely broken."

Three House Democrats who voted against the original bill — Rep. Brian Baird, D-Wash., Rep. Jason Altmire, D-Pa., and Rep. John Adler, D-N.J. — appeared open to considering changing their votes, but none of them committed to supporting the Senate legislation.

"In the end, I have to make a decision between passing this bill — this is the finish line — or doing nothing," Altmire said. **DOUGLASS K. DANIEL (AP)**

Healthy Adult Volunteers Needed

The National Institute of Mental Health is conducting a study of mild stress and memory. Participants will be interviewed and will complete a series of tasks during which physiological functioning will be recorded. Volunteers must:

- Be between the ages of 18-45
- Be medically healthy
- Not be taking medications

Financial compensation will be provided for participation.

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Nation

Lewis Revisits 'Bloody Sunday'

Legislator marks the 45th anniversary of key civil rights event

Selma, Ala.

Georgia Congressman John Lewis strolled to the middle of the Edmund Pettus Bridge on Sunday and remembered the incident 45 years ago when he and other civil rights marchers were beaten on the day that became known as "Bloody Sunday."

Lewis spoke shortly before leading an estimated 10,000 marchers across the bridge in a recreation of the 1965 march.

In Washington, President Obama marked the 45th anniversary of "Bloody Sunday" by praising "these heroes" who marched into history and endured beat-



Rep. John Lewis, D-Ga., center, describes what he saw during the "Bloody Sunday" march. Lewis led a group across the Edmund Pettus Bridge to honor the event.

ings by Alabama state troopers at the start of their landmark voting rights trek.

The first black U.S. president said that despite all the progress since "that terrible day in Selma," more still needs to be done.

Marchers were a few blocks into

their Selma-to-Montgomery march on March 7, 1965, when they were beaten by state troopers on the bridge. The march was later completed under federal protection. It led to the passage of the Voting Rights Act, which opened Southern polling places to blacks. (AP)



Adult Major Depression Research Study: Novel Medication

If you (or someone you know) have been diagnosed with major depression, you may be able to participate in a National Institute of Mental Health research study investigating a novel medication. This treatment study is studying if a research medication can produce a rapid reduction of depressive symptoms in patients with treatment-resistant major depressive disorder.

This 7-week inpatient study is conducted at the NIH Clinical Center in Bethesda, Maryland, and compares the medication to a placebo (inactive sugar pill). After completion of the study the participant will receive short-term treatment to transition back to the community. In addition, all research participation is without cost.

Those eligible to participate must:

- Be ages 18-65
- Have been diagnosed with major depression
- Have taken two antidepressants that did not help

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Reports: Al-Qaeda Arrest Made

Pakistani officials say American-born spokesman detained

Karachi, Pakistan

Two Pakistani officers and a government official said Sunday that an American charged with treason for working with al-Qaeda had been captured, a development that could deliver another significant blow in the U.S.-led battle against the terror network.

U.S. defense, intelligence and law enforcement officials could not immediately verify the reported detention of Adam Gadahn, a 31-year-old spokesman for al-Qaeda who has appeared on videos threatening the West, including one that emerged earlier Sunday.

The reported arrest of Gadahn



AP/GETTY IMAGES

U.S.-born al-Qaeda figure Adam Gadahn appears in a video released on Sunday.

follows the recent detention of several Afghan Taliban commanders in Karachi, including the group's No. 2. Those detentions have been seen as a sign that Pakistan, which has been criticized as an untrustworthy ally, was cooperating more fully with Washington.

Identity Crisis

Despite accounts of Adam Gadahn's arrest, The New York Times reported on Sunday that it could not verify his arrest, and that another American al-Qaeda operative had been mistaken for Gadahn. Abu Yahya Mujahdeen Al-Adam, who is believed to have been born in Pennsylvania, was arrested in Karachi, Pakistan, in recent days, Pakistani officials told the Times. Al-Adam is believed to have commanded fighters in Afghanistan. Little else was known about him, American officials said. (EXPRESS)

Some observers were cautious about giving credence to the claim that Gadahn was in custody as reports emerged that the man arrested might instead be a Taliban

militant leader. There was no way of independently verifying the arrest or identity, and detentions of terror suspects in Pakistan are often surrounded by conflicting reports.

"If this is him, it's a big capture and a morale-booster," said Patrick Rowan, the former top anti-terrorism official in the Bush Justice Department.

Gadahn, the first American to face treason charges in more than 50 years, has appeared in more than half a dozen al-Qaeda videos. The video that surfaced Sunday showed him urging American Muslims to attack their own country.

Gadahn was arrested in the sprawling southern metropolis of Karachi in recent days, said two officers who took part in the operation. A senior government official also confirmed the arrest, but said it happened Sunday. **ASHRAF KHAN (AP)**

Iceland Voters Reject \$5B Deal To Repay Debts

Reykjavik, Iceland

Icelanders blew whistles and set off fireworks in the capital as referendum results Sunday showed they had resoundingly rejected a \$5.3 billion plan to repay Britain and the Netherlands for debts spawned by the fall of an Icelandic bank.

More than 93 percent of voters defied both their parliament and international pressure to vote "no" on repaying the debt.

"This is a strong 'No' from the Icelandic nation," said Magnus Arni Skulason, co-founder of a group opposed to the deal. "The Icelandic public understands that we are sovereign and we have to be treated like a sovereign nation — not being bullied like the British and the Dutch have been doing."

Despite the vote, all three governments promised to work on a new agreement between Britain, the Netherlands and Iceland, which is depending on international assistance to help drag itself out of an economic morass.

Britain and the Netherlands want to be reimbursed for money they paid their citizens with deposits in Icesave, an Internet bank that collapsed in 2008. (AP)

Togo's Opposition Protests Election Results

Lome, Togo

Togo's top opposition candidate was pelted with tear gas for a second time Sunday as he vowed to take to the streets every day in protest of what he says was an election rigged to favor the son of the country's longtime dictator.

"I am ready to die," opposition leader Jean-Pierre Fabre said a few minutes before walking outside the party's headquarters to face a column of anti-riot police. "We're going to make them exhaust their stock of tear gas."

Provisional results released Saturday show Fabre lost to President Faure Gnassingbe, whose 1.2 million votes gave him 60.9 percent of the vote. Fabre received 692,584 votes, or 33.9 percent.

A report released over the weekend by the European Union's observation mission did not find evidence of vote tampering, but determined that the ruling party may have attempted to buy off voters.



SUNDAY ALAMBA/AP

Supporters of Togo's top opposition candidate, Jean-Pierre Fabre, protest the results of the presidential election in Lome, Togo.

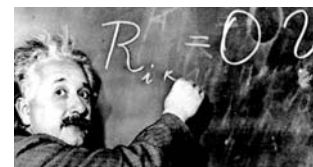
The observer mission's report said EU election monitors were present in at least four different regions of the country when the ruling party handed out rice to

potential voters at three to four times less than market price.

The election is only the second since the death of Eyadema Gnassingbe, who grabbed power in a 1967

coup and ruled for 38 years. His son succeeded him. The younger Gnassingbe's victory in the recent election extends the family's rule into a 44th year. (AP)

EXHIBITS



The original manuscript of Albert Einstein's groundbreaking theory of relativity — which helps explain everything from black holes to the Big Bang — went on display on Sunday in its entirety for the first time. The 46-page handwritten document is being shown at the Israel Academy of Sciences and Humanities in Jerusalem. (AP)

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World



Michelle Bachelet, right, looks at stolen items that were returned or found by police.

Chileans Return
Stolen Products

Police recover \$2M
in material taken by
crowds after quake

Concepcion, Chile

The police came with bullhorns to impoverished neighborhoods near the epicenter of Chile's devastating earthquake, warning looters to return what they stole or face police raids.

And so they did, depositing everything from mattresses to refrigerators and flat-screen TVs. It took 35 truckloads to recover it all. Together with looted items recovered by police, the material is worth nearly \$2 million, officers said.

Touring a police gymnasium full of the recovered goods Sunday, President Michelle Bachelet called the looting one of "the other aftershocks of this tragic earthquake," and vowed that those responsible would feel the full weight of the law: prison terms of two to five years.

"These are items that have

nothing to do with survival — they reflect the moral damage of the people, some of whom came just to find things they could make money from," she said, adding that the government also will prosecute anyone responsible for price speculation in the disaster area.

Thousands of quake survivors participated in the looting, which began only hours after the earthquake and grew to include grandmothers and small children. Out-numbered police could only stand and watch until soldiers arrived and restored order. That hampered rescue and recovery efforts.

But some excuse the looting as a natural result of the yawning wealth gap in Chile, where the poor are exposed to expensive consumer goods without any ability to buy them. The top 20 percent of wage earners make an average of \$3,200 per month, compared to \$340 per month for the bottom 20 percent, according to the national statistics institute. EVA VERGARA AND MICHAEL WARREN (AP)

70.5 percent

The amount of Swiss voters who cast ballots Sunday against a proposal to appoint special lawyers to act on behalf of animals nationwide. Animal rights activists proposed the measure, saying the lawyers were needed to help enforce Switzerland's extensive animal protection laws. (AP)



Left: A bicyclist holds up his ink-covered finger after casting a ballot in Iraq on Sunday. Right: Iraqis look at the ruins of a building that was leveled by a blast in Baghdad. At least 38 people were killed in election-day blasts.

Iraqis Stand Tall at Polls

Amid spate of bombings, citizens cast crucial ballots in parliamentary election

Basra, Iraq

Dozens of explosions ripped through the Iraqi capital and other cities Sunday morning, souring the early hours of Iraq's first parliamentary election as a sovereign nation. Iraqi police officials said 38 people were killed and 89 wounded.

As polls were closing at 5 p.m., Iraqi officials said the series of attacks failed to thwart the election, which unfolded smoothly in several parts of the country.

"During the first few hours, turnout was light in most provinces, but then increased steeply," said Hamidiaya al-Hussein, an official with Iraq's electoral commission.

Many voters said they were unable to cast votes because their names were not on voter rolls, a chronic problem in past Iraqi elections. But there were no immediate reports of serious fraud.

The deadliest attack of the day occurred at approximately 7 a.m. in



'Milestone' Moment

President Obama praised the Iraqi people on Sunday for passing "an important milestone" by holding national elections despite insurgent attacks. No doubt relieved that violence was not worse, Obama said Iraqi security forces showed maturing capabilities as they protected the nation. "Today's voting makes it clear that the future of Iraq belongs to the people of Iraq," Obama said. He again vowed to meet an Aug. 31 deadline to carry out the planned withdrawal of U.S. combat forces, and to remove of all the remaining 50,000 U.S. troops by the end of next year. (AP)

the eastern Baghdad district of Ur, where two booby-trapped rooms made two residential buildings collapse, trapping residents and killing at least 17 people.

A man who rented the room a few weeks ago detonated the explosives remotely as voters were making their way to nearby polls, Iraqi police officials said.

"I didn't care about this election, but when I saw this I went to vote," said Raed Waleed, who helped pull people from the rubble. "I want to change the faces of the people who are responsible for all the problems

in this country."

As the polls were closing, rescue workers were still pulling dead and wounded people from the rubble. A baby in his crib was among the dead.

The early morning explosions thundered through the capital, as mortars struck the Green Zone, the seat of the government and a symbol of the U.S. occupation, and other parts of Baghdad.

In Anbar Province in western Iraq, at least 10 explosions were reported, witnesses said. Blasts were also reported in Diyala Prov-

ince, north of the capital.

The majority of attacks occurred in the early hours of voting.

Some Iraqis said they were too afraid to head to the polls, but it was not immediately clear what impact the violence had on turnout.

"Because of the explosions and because there is no honorable man I can elect, I stayed at home," said Ali Malek Hussein, who lives in eastern Baghdad.

Official results from the election are expected to be released in a day or two. ERNESTO LONDOÑO AND LEILA FADEL (THE WASHINGTON POST)

By the Numbers

19M

The number of Iraqis who were eligible to vote in Sunday's election. It was the first parliamentary ballot in the country since 2005.

10,000

The number of polling centers that were opened Sunday. The centers had a total of 52,000 voting booths.

- ▶ **Candidates:** More than 6,200
- ▶ **Voting Hours:** 7 a.m. to 5 p.m.
- ▶ **Size of new parliament:** 325 seats
- ▶ **Size of previous parliament:** 275 seats
- ▶ **Mandatory number of women in new parliament:** 82
- ▶ **Election staff:** Nearly 300,000
- ▶ **International observers:** 500 to 600 were expected
- ▶ **Iraqi provinces:** 18

Strike While the Cardboard's Hot

Childhood baseball card collections are often a moneymaker

Personal Finance

The boxes of baseball cards you so carefully collected are invaluable for the memories they evoke. But do they have any real value?

Many collectors hope their hobbies will one day bring them a fortune. And with the recent sales of Batman and Superman comic books for about \$1 million each, the fantasy of a big windfall from an old collection may have crossed your mind. Here's what anyone with a collection, or looking to start one, should know.

Sizing Up Value

Three big factors generally determine a card's value: the player pictured, the card's condition and its rarity.

Hall of Famers and marquee names are obviously more sought after, but even a player no one remembers can command thou-



sands of dollars. That's because collectors aim to complete sets.

You should also know that vintage cards — generally those from before 1970 — are in greater demand since they're harder to come by. To get a baseline for how much your cards are worth, browse the Web sites of auction houses such as Heritage Auction

Galleries (www.ha.com) or Lelands (www.lelands.com).

How to Sell

If you have cards worth around \$500 or more, consider selling through an auction house. This gives you access to a pool of experienced buyers willing to pay top dollar for quality cards, says

Joe Clemens, price guide editor at Tuff Stuff's Sports Collectors Monthly.

One way to drive up your card's value is to get its condition professionally graded. The two big grading services, Professional Sports Authentication and SGC Grading, seal cards in plastic cases, which are tagged with the card's serial number and a grade ranging from one to 10.

Notes on Collecting

Topps issued its first cards in 1951, and is the most well-known publisher of baseball cards. The company last year also won exclusive rights to use the logos for Major League Baseball and its teams. But issuers such as Panini and Upper Deck have their followers too.

As for which players and teams to hold onto, it's no secret which cards will gain the most value.

"Collect players you believe are going to do well, rookies you think are going to have long, good careers and stand the test of time," said Topps general manager Warren Friss. **CANDICE CHOI (AP)**

DISCUSSIONS

Taxes

Do-it-yourself may be fine for painting a bedroom, but how do you know if it makes sense to file your own tax return? Here are some questions to consider.

Have you had a major life change?

If you've gotten married or divorced, retired or lost your job, started or shut down a business, had a baby or adopted a child, your tax situation may be significantly different from what it was last year.

Do you hope to claim credits or deductions?

While claiming some new deductions or credits is fairly simple, adding them to your return increases the potential for mistakes, and you may benefit from some help.

Do you have investments?

If you have money invested with a hedge fund or other nontraditional vehicle, or money invested overseas, you'll want to make sure those items are reported correctly and all disclosures are handled properly. **(AP)**



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In Brief

RICHMOND, VA.

McDonnell Criticized for Not Disclosing Schedule

McDonnell

Virginia Gov. Robert F. McDonnell, a Republican, has not been releasing full lists of his activities, prompting complaints from critics that he is overly secretive about his whereabouts. As a candidate, McDonnell criticized Gov. Timothy M. Kaine, a Democrat, for failing to disclose his travel schedule while he was serving as his party's national leader. (TWP)

NEW CARROLLTON, MD.

Cruiser Stolen as Officer Helps Serve Warrant

New Carrollton police say an officer's cruiser was stolen while he helped another officer serve a warrant. Police say the officer left the car unlocked and running about 3 a.m. Sunday. New Carrollton Police Chief David Rice says leaving a vehicle running is against protocol. (AP)

WASHINGTON

D.C. to Give Away 500,000 Free Female Condoms

Washington will give away 500,000 free female condoms in an attempt to reduce the transmission of HIV/AIDS. The condoms will be available in beauty salons, convenience stores and high schools in parts of the city with high HIV rates. (AP)

The Lotteries

Sunday, March 7

District

Mid-day Lucky Numbers 7-1-9
Mid-day DC 4 1-1-5-3
D.C. Five (Sun.) 5-3-0-4-4

Maryland

Mid-day Pick 3 7-6-7
Mid-day Pick 4 6-3-4-7

Virginia

Mid-day Pick 3 1-6-5
Mid-day Pick 4 8-8-7-4
Mid-day Cash 5 3-7-21-22-34

All winning numbers are official only when validated at a claims location. Drawings that occur after Express's deadline will be published two days later.

AG: D.C. to Review DWI Charges

Nickles says faulty breath machines put cases into question

Washington

The equipment that D.C. police use to test for drunk drivers has given inaccurate results and District officials have begun a review of all DWI charges brought between October 2008 and February to look for questionable results, Attorney General

Peter Nickles said.

It is not known how many cases will be affected or how officials will resolve those that have already been adjudicated. The problems are with the equipment that tests a driver's breath for blood alcohol content.

Nickles and Police Chief Cathy L. Lanier had previously said that they suspected problems with the equipment but released few details to the public, defense attorneys or their own officers about what led to their probe.

"It may be hundreds; it may be tens of cases. We won't know until we complete our review."

— PETER NICKLES, D.C. ATTORNEY GENERAL, SPEAKING ABOUT A REVIEW OF THE CITY'S BREATH ANALYZER MACHINES.

Nine of the 10 machines in use by District police are under scruti-

ny, according to Nickles, who said problems arose when their motors were replaced beginning in October 2008 and the machines were not correctly recalibrated.

Nickles said he cannot predict how many previous convictions might have been affected: "It may be hundreds; it may be tens of cases. We won't know until we complete our review," which he said would take several months. MARY PAT FLAHERTY (THE WASHINGTON POST)



Police on the scene where John Patrick Bedell opened fire at the Pentagon, injuring two officers, before he was fatally wounded.

Pentagon Entrance Set to Reopen

Arlington, Va.

The Department of Defense says the Pentagon entrance that was the scene of a shooting last week will resume normal operations on Monday.

Washington's Metro transit agency, meanwhile, says both entrances of the Pentagon Metrorail station and both levels off the Pentagon Transit Center reopened on Satur-

day evening after the FBI finished a portion of its investigation.

A California man, John Patrick Bedell, opened fire at the Pentagon entrance Thursday — wounding two police officers before he was fatally wounded.

The assault at the very threshold of the Pentagon — the U.S. capital's ground zero on Sept. 11, 2001 — came four months after a deadly attack on the Army's Fort Hood,

Texas, post allegedly by a U.S. Army psychiatrist with radical Islamic leanings.

Bedell, who went by Patrick, had vigorously objected to the government's role in the 1991 Persian Gulf War since high school, telling relatives that the United States was trying to enrich itself and oil companies, said his brother, 33-year-old Jeffrey Bedell.

(THE WASHINGTON POST/AP)

D.C. Group Rejects Call To Violence By Al-Qaeda

Washington

A Washington-based Muslim group is rejecting a call by an al-Qaeda spokesman for Muslims in the U.S. armed forces to emulate an Army major charged with killing 13 people in Fort Hood.

The Muslim Public Affairs Council says the statement by American-born Adam Gadahn is a failed attempt to deliver al-Qaeda's bankrupt ideology to Western Muslims.

Gadahn described the man accused of the Fort Hood attacks, Maj. Nidal Hasan, as a role model for other Muslims, especially those serving Western militaries.

Hasan had studied at the Uniformed Services University of the Health Sciences in Bethesda and attended prayer services at the Muslim Community Center in Silver Spring. (AP)

**NEW LOOK**

The District Department of Transportation is taking advantage of technology to increase awareness of its activities and allow for two-way communication, including complaints. A redesigned Web site at www.ddot.dc.gov/DC/DDOT at the moment features a YouTube video explaining a program that replaced some old-style parking meters with meters that can take credit cards as well as coins. (THE WASHINGTON POST)

Marquis Shelled in Spring Debut

Nationals' offseason acquisition gives up five runs versus Mets

The Nationals

Oliver Perez threw strikes, and that was enough for the New York Mets for now. The Washington Nationals, on the other hand, can't take as much solace out of Jason Marquis' start Sunday.

Perez was hit hard in his first spring start, but Omir Santos' inside-the-park grand slam helped the Mets beat the Washington Nationals 6-5 on Sunday.

The Mets are looking for a big



Jason Marquis walked three and struck out none in two innings of work Sunday.

year from Perez, who finished last season on the disabled list after undergoing right knee surgery September 1. Perez allowed five runs and seven hits in three innings against Washington. But the notoriously wild left-hander issued just one walk and struck out two.

Marquis, who signed a free-agent deal in the offseason, also had a rough start in his first spring game. He gave up five runs and three hits in two innings.

Santos hit a drive into the left-field corner in the second that Willy Taveras signaled was out of play after trying to retrieve it. The umpire ruled it was in play as Santos circled the bases. (AP)

Busch Captures Checkered Flag In Kobalt 500

Auto Racing

Kurt Busch won again at Atlanta Motor Speedway, pulling away on a second restart Sunday after a couple of wild wrecks to capture the Kobalt Tools 500.

Busch won the spring race at the 1.54-mile trioval for the second year in a row, beating Matt Kenseth to the line by nearly half a second. Juan Pablo Montoya was third, followed by Kasey Kahne and Paul Menard.

The race went 16 laps past its scheduled 325 because of two big crashes. The first came when Carl Edwards, running 156 laps behind, clipped Brad Keselowski and sent him flying toward the grandstands upside down. Keselowski was OK, but NASCAR ordered Edwards to park his car and summoned him to its trailer for a tongue-lashing. (AP)

Placement Directions in Caption



NORTHERN IOWA CELEBRATES after defeating Wichita State 67-52 in the Missouri Valley Conference tournament title game Sunday, repeating as the league's champions. The Panthers (28-4) held the Shockers without a field goal for more than 12 minutes during a 25-3 second-half run. The win guarantees a spot in the NCAA tournament field.

In Brief



Kentucky's Patrick Patterson dunks in the Wildcats' win over Florida Sunday.

MEN'S COLLEGE HOOPS
Perfect End for Kentucky

Darius Miller and Eric Bledsoe had 14 points apiece and No. 3 Kentucky withstood a Florida comeback with a 74-66 victory Sunday, completing an 18-0 home season and likely cementing its hold on a top seed in the NCAA tournament. The Wildcats (19-2, 14-2) had already clinched their 44th SEC title outright with Vanderbilt's loss to South Carolina on Saturday night. (AP)

NBA
Magic Edges the Lakers

Vince Carter had 25 points, Dwight Howard finished with 15 points and 16 rebounds and the Orlando Magic beat the Lakers 96-94 on Sunday to hand Los Angeles its first three-game losing streak of the Pau Gasol-Kobe Bryant Era. Carter made his first 13 free throws and kept the Magic in control, showing signs of why Orlando made the move for the eight-time All-Star after losing to the Lakers in last year's finals. (AP)

MEN'S COLLEGE HOOPS
Spartans Share Crown

Raymar Morgan scored 13 of his 22 points in the first half, helping No. 11 Michigan State build a big lead it used to beat Michigan 64-48 on Sunday and win a piece of the Big Ten title. The Spartans shared the championship with Ohio State and Purdue. (AP)



DOPING

Free agent Jason Ferguson, a veteran nose tackle most recently with the Miami Dolphins, has been suspended for the first eight games of next season for violating NFL policy on performance-enhancing substances. NFL spokesman Greg Aiello confirmed that the discipline was handed down late this week. Ferguson was also suspended for violating NFL drug policy in 1999, sitting out four games after an anabolic steroid showed up during a urine test. (AP)

Sports

Redskins Add Versatility

Ex-Viking Hicks can play four positions on the offensive line

The Redskins

New Redskins offensive lineman Artis Hicks understands the value of versatility.

The former Minnesota Vikings guard-tackle, who signed a three-year contract with the Redskins on Saturday, entered the league as a left tackle. He only reluctantly learned to play left guard, and then right guard and right tackle in an attempt to improve and extend his career. And after eight seasons in the NFL, Hicks believes he made a wise move.

"You can't win in this league if you don't have a good offensive line, and not only a good offensive line, you've got to have a good offensive line that has good depth," Hicks said in an interview Sunday. "You have to have guys who can step in and play a lot of different positions and the line won't miss a beat."

"And I think that was one of the things that attracted them [the Redskins] to me, is that I can play four out of the five spots. They



Artis Hicks, right, then of the Vikings, blocks Connor Barwin of the Texans last year.

know that I can step in and keep things rolling right ahead, as well as be a starter in this league."

Hicks, 31, received about \$3 million in guaranteed money as part of a deal that could be worth as much as \$9 million. Hicks, listed at 6 feet 4, 335 pounds, is the first unrestricted free agent from another team to sign with the Redskins. Defensive lineman Phillip Daniels re-signed with Washington on the first day of free agency.

Hicks could be very busy next season with the Redskins, who had one of the league's least effective offensive lines and lacked quality

depth at every position. He is expected to compete at right guard, which was a revolving door for Washington because of injuries and ineffectiveness.

Randy Thomas, Chad Rinehart, Will Montgomery, Edwin Williams and Mike Williams started at the position as the Redskins went 4-12 and finished last in the NFC East for the second consecutive season and third time in the past four seasons. Mike Williams, whom the team re-signed last week, is expected to provide the main competition for Hicks at right guard. **JASON REID** (THE WASHINGTON POST)

Connecticut Makes It 70 in a Row

Women's College Hoops

Connecticut won its 70th consecutive game, routing Syracuse 77-41 in the Big East quarterfinals on Sunday to tie its own record for the longest winning streak in women's college basketball.

Tina Charles tied a career high with 34 points and Maya Moore added 16 points, 14 rebounds and seven assists for top-ranked UConn (31-0), which has won each game in its streak by at least 10 points and an average of more than 32.

Moore came into the game needing 13 points to reach 2,000 for her career. She reached that with 18:39 to play on a steal and

layup that made it 48-17.

Kayla Alexander scored 11 to lead the Orange (22-10).

The win puts UConn in the conference semifinals for the 22nd straight year, where the Huskies will face Notre Dame. The Irish beat St. John's 75-67 in Sunday's first quarterfinal.

Connecticut is looking for its 16th conference tournament title and its third in a row. The 36-point margin of victory was the largest for UConn since it beat Louisville by 46 on Feb. 7.

Charles hit 16 of her 19 shots, setting a record for the most field goals in a Big East tournament game. (AP)

TV Lineup

CAPITALS (7 P.M., VERSUS) The red-hot Caps try to stay that way after their trade deadline moves in a game against the Dallas Stars.

MEN'S COLLEGE BASKETBALL (7 P.M., ESPN AND ESPN2; 9 P.M., ESPN AND ESPN2) The CAA, MAAC, WCC and Southern Conference will crown tournament champions as March Madness nears.

WOMEN'S COLLEGE HOOPS (5 P.M., ESPN2) The winner of the Atlantic 10 title games will punch a ticket to the NCAA tournament.

SOCCER (2:54 P.M., ESPN2) Wigan hosts Liverpool in the Premier League.



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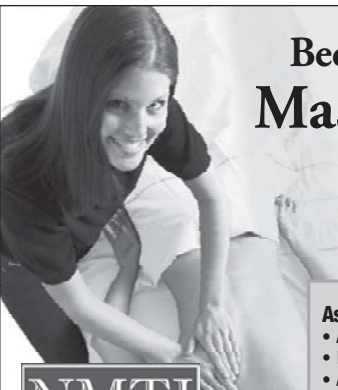
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To Guide and to Protect

Patient navigation is an emerging medical field that emphasizes personal relationships

Service

The patient was scheduled to begin radiation treatment for endometrial cancer, but was consistently a no-show. Something was going on, but the doctor didn't know what.

That's when the physician enlisted Chelsea Phelps, 25, a patient navigator with the American Cancer Society and George Washington University Medical Center. Phelps tried a simple fix: She called the woman and asked what was wrong.

The only reason she wasn't coming in," says Phelps, "was because she was terrified." After her initial surgery, the patient "just couldn't bring herself to start this again." Over several phone calls they discussed her concerns and, with Phelps' offer to keep her company in the waiting room, she got the patient to come in — and to keep coming in — for her treatment.

Patient navigators have emerged in recent years as a potential lifeline for people who

CONTINUED ON E2



JASON HORNICK

Shannon Minnick, right, a patient navigator who works with spinal cord injury patients, consults with Geoffred Buttrey at the National Rehabilitation Hospital in D.C.

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First-Person Aid

CONTINUED FROM E1

are thrust into a complex and harried healthcare structure. Combine that with problems such as lack of insurance or education or emotional support, and the mind arrives at a word that navigators seem to use a lot to describe the patient experience: overwhelming.

The concept was launched in 1990 at New York's Harlem Hospital Center by surgeon Harold Freeman. As president of the American Cancer Society the year before, Freeman had heard the poor testify in hearings about the myriad barriers they faced in accessing cancer screenings, diagnoses and treatment. It jibed with what he had seen for years at his own hospital: A striking percent-



Patient navigator Chelsea Phelps explains support programs for cancer patients at George Washington Medical Center.

JASON HORNICK

Navigators serve as a gateway to the healthcare system and as a bridge between departments.

age of poor, mostly black women who were showing up with late-stage breast cancer and dying at a high rate.

Freeman, 76, now the president and founder of the Ralph Lauren Center for Cancer Care and Prevention in New York, recalls that at times he saw disease so advanced "you couldn't really see the breast, all you could see was the cancer."

He started the navigation program to help patients make timely

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and fluid transitions from screening to diagnosis and treatment.

"The concept of patient navigation has taken the country by storm in the last five years," says Steven Patierno, executive director of the George Washington University Cancer Institute. "You would be hard-pressed to find a new idea in healthcare that has inserted itself and taken hold more rapidly and dramatically than patient navigation."

Patierno is leading the D.C. arm of a multi-center study for the National Cancer Institute to measure the efficacy of navigators. Meantime, Freeman estimates

support groups and other social services.

Many offer an ear to bend or a shoulder to lean on. "We provide the hand-holding that people need sometimes," says Myrtle Washington, 62, a breast cancer survivor and a navigator for the nonprofit Smith Farm Center for Healing and the Arts in Northwest D.C. Patients, she says, can count on her to personally pick them up for an appointment and hold their hand in the doctor's office, if it means the difference between them showing up or not.

Many navigators like Raul Her-



Patient navigators can ease the path through the health care system's bureaucracy.

JASON HORNICK

nandez, 44, who works with HIV/AIDS patients at the nonprofit La Clinica Del Pueblo in Northwest D.C., stay in contact with patients periodically to ensure compliance with medications and appointments. When newly diagnosed patients leave in denial or seek re-testing elsewhere (hoping that in one of those places they'll get a negative result), Hernandez stays in touch to let them know the door at La Clinica is open.

Navigators' backgrounds run the gamut — some come from nursing or social work while others

CONTINUED ON PAGE E4

"You'd be hard-pressed to find [anything] that has taken hold more rapidly."

— STEVEN PATIERNO, EXECUTIVE DIRECTOR OF THE GEORGE WASHINGTON UNIVERSITY CANCER INSTITUTE, ON THE SUCCESS OF PATIENT NAVIGATION

there are already at least 2,000 navigator programs nationwide. While many still focus on cancer patients, expanded programs and clinical trials are also putting navigators into contact with those suffering from chronic conditions ranging from diabetes to asthma and HIV/AIDS.

Their particular duties vary by program, but in general navigators serve as a patient's gateway to the healthcare system and as a bridge between the departments and services involved in their care. At the start, they assess patients' apprehensions — like fear or deep-seeded medical mistrust — and other physical and emotional barriers to treatment, then work to erase them.

For some, this means connecting patients to resources to confront a lack of health insurance, or loss of income that could put their home in jeopardy, or arranging transportation for hospital visits, or child-care during appointments. Navigators also provide palatable information on conditions and treatments, and link patients to



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Sometimes, for Chelsea Phelps, getting the patient to come in is the biggest battle.

First-Person Aid

CONTINUED FROM E3

bring only a capacity to learn and a wealth of life experience.

"I look at a navigator as being a Sherpa for someone," says Carole O'Toole, 54, manager of the patient navigation program at Smith Farm Center, which works primarily with cancer patients. "Everyone has to climb the mountain alone when they're dealing with cancer, but the Sherpa is there to help carry the bags and point you in the right direction."

O'Toole arrived at navigation after beating inflammatory breast cancer 16 years ago. "During that whole experience," she says, "I kept saying to myself, 'There's got to be an easier way to do this,' and felt committed after I recovered from my cancer to do that for other people."

At D.C.'s National Rehabilitation Hospital, navigator Oti-cia Harris, who is working on a stroke study, had been plucked from behind the security desk, where doctors had noticed her congeniality.

Elsewhere at the same hospital, Shannon Minnick, 39, works as a navigator in a study that tests the impact of navigation on patients

with spinal cord injuries as they move through rehab and back into the community. Minnick, who has an associate's degree in social work, broke her neck in a car accident in 1991 and is now quadriplegic.

Raul Hernandez, at La Clinica Del Pueblo, has a degree in economics.

"I look at a navigator as being a Sherpa for someone ... to help point you in the right direction."

A singular, industry-wide certification has not yet been established, but a handful of organizations now offer open training in navigation. Among them: the Smith Farm Center, which has a training in April; GW's Center for the Advancement of Cancer Survivorship, Navigation and Policy has a session this fall; and the Harold P. Freeman Patient Navigation Institute in New York has sessions monthly.

Like many jobs in medicine, though, navigation can be one of extremes.

getting ahead

When a patient dies despite your efforts, says Myrtle Washington of Smith Farm Center, "you know it's not your fault, but you've made a friend and they're gone. That's the worst. And we've lost a number of people."

But there also are momentous victories — linking a family to aid that keeps the heat on at home, gaining the trust of a wary patient or seeing the promise of those who recover.

Shannon Minnick, the spinal cord injury navigator at National Rehabilitation Hospital, fought back tears as she spoke about the progress of young patients she's guided back into active lives of accessible schools, sports and travel. "When I had my accident it took years for me to realize that there was something that I could do," she says. "And if I had someone to say, 'Shannon, go back to school ...'" she pauses. "It just took so many years and that's time that these guys don't have to wait."

DANNY FREEDMAN



Having a spinal cord injury herself, Minnick is highly equipped to help her patients.

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From Corporate to Comedy

Dan Nainan went from average Intel dude to professional, confident funny man

Performer

At Bethesda-Chevy Chase High School, Dan Nainan says, he made prank calls convincingly and also cracked people up in ways that got him kicked out of class. Early signs of a future in comedy?

Subtle signs, anyway. Nainan majored in business at the University of Maryland and joined Intel, where he handled the CEO's



Dan Nainan found his comedic flair through joining a public-speaking organization.

Change Artist

COURTESY OF DAN NAINAN

technical demonstrations on travels around the globe. Because in-house presentation training didn't help him feel comfortable speaking before 1,000 people, he signed up for Toastmasters.

Nainan credits Toastmasters for techniques to avoid saying "um" and "uh." The organization (Toastmasters.org) has 430 area clubs, in which about 20 people meet two to four times a month for prepared and impromptu speeches. But he still had crowd fears — so having written jokes, Nainan next tried a comedy class by Judy Carter, author of "The

"Washingtonians always have their guard up; here people loosen up and have fun."

— ALLYSON JAFFE, PRINCIPAL OF D.C. IMPROV'S COMEDY SCHOOL, ON WHY THE CLASSES PROVIDE A HEALTHY ESCAPE FROM A STRESSFUL CITY

Comedy Bible" and "Stand-Up Comedy." When he cracked wise in his first class, people laughed. The next week, no one laughed.

"I thought about quitting," he admits. But these techniques were useful, too: how to handle the mic, get to punchlines faster, win over an audience. "Everyone should do comedy to overcome

CONTINUED ON PAGE E8

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Comedy Pro

CONTINUED FROM E7

stage fright,” he says.

You can learn from Carter’s six-hour, \$225 DVD, “Comedy Career in a Box,” but nothing beats live interaction. At the Comedy Spot (Comedyindc.com; 703-294-5233) in Arlington, “classes teach comedy improvisational games, increase communication skills and boost confidence,” according to the Web site.

Washington Improv Theater (Washingtonimprovtheater.com; 202-204-7770) in D.C.’s U Street area has five levels of classes in a similar setup: \$250 for a seven- or eight-week course with an optional show. It specializes in long-form improv, in which two to 10 people create 30-minute scenes.



Nainan has found that corporate events are an excellent source of income — one recent engagement earned him \$15,000.

Nainan was offered a bigger audience: 2,500 employees, no one drinking, on a Monday morning.

The premiere area comedy shop is DC Improv (Dcimprov.com; 202-296-7008 ext. 11) downtown, where more than 1,500 people have tried standup, improv and character work. Its 20 classes a year (\$150 to \$295) are taught by working comedians, local and not, including such big names as hypnotist Flip Orley.

“People surprise themselves,” says principal Allyson Jaffe. “Washingtonians always have their



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guard up; here people realize they can loosen up and have fun.”

After four years, Nainan was promoted to strategic relations manager for the Northeast. At an Intel convention booth, he happened to mention scoring big at his comedy graduation show and promptly got recruited to play a dinner for more than 200 employees. Part of the brief performance was an impression of the CEO.

The risky move paid off when a higher-up offered Nainan a bigger audience: 2,500 international employees, no one drinking, on a Monday morning. Oof! It was

Nainan's third show, and he rocked the house.

He started moonlighting at small shows around the country. Early on, a famous comedian dropped in on his act and offered advice: “You should do clean! You’ll work everywhere!” Nainan says in a perfect Jerry Seinfeld voice.

Seinfeld was right. Without dirty material, Nainan notes, “there’s so much money to be made with corporations, weddings, senior-citizen centers.” Recent gigs include a college show for \$500 and a corporate show for \$15,000.



Nainan will perform for Obama's Asian-American appointees on March 26.

Nainan quit Intel for comedy in late 2008. Now 28, he's appeared everywhere from inaugural-re-

lated events to an Apple ad and even has a small role in M. Night Shyamalan's “The Last Airbender,”

opening in July.

On March 26, Nainan returns to perform for Asian-American appointees of the Obama administration. It's familiar territory for a guy who relies on the humor inherent in being the nerdy son of Indian and Japanese parents (“I get my sushi at 7-Eleven”).

“A lot of people who want to do something creative say they don't have time to pursue it,” he notes. “But the average American watches 28 hours of TV a week. If you have a modicum of talent and are willing to work hard, you can get good at anything.” ELLEN RYAN

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Arlington author Kathleen Gilles Seidel (below) has written 14 romance novels.



seminar will conclude with a brief look at what to do once the book is finished, from navigating the world of publishing to connecting with other local authors. But mainly, Seidel hopes she'll stir attendees to get going. "If people haven't written their book, I want them to write it the next morning," she says.

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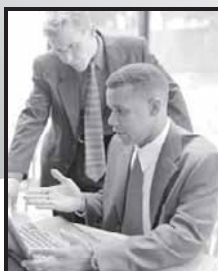
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Gift of Beauty

Beyoncé opens a new cosmetology school in a rehab center **31**

Booze Clues

Blowing Smoke

When sitting down to write this column, I agonized over my decision to recommend a hookah bar. After all, I reasoned, shouldn't I be discouraging our nation's best and brightest from smoking, in any capacity? Is this service journalism?



By Fiona Zublin

Then I realized I'm already telling you where to get drinks every night of the week, so what's another few years I'm helping shave off your lifespan, eh?

Thus: Chi-Cha Lounge (1624 U St. NW). It's a dark, loungey hookah spot — until it turns into a bumpin' club late at night as the weekend nears. Unless you're into dancing so enthusiastically that it will haunt you on Facebook for years to come, you should probably get there early. Happy hour runs weekdays 5 p.m. to 8 p.m., and includes a host of discounted drinks. Beers are \$3, rail cocktails, house wine and sangrias are \$4. Chi-Cha's signature cocktail, the chicha morada, is also \$4, and all hookahs are half-price. Now the question is: Do you really want to be blissed out on hookah and unable to move from a restaurant couch by 7 p.m. on a weekday? Yeah, I thought so.

Pre-Pre-Gaming

Since you'll be entirely useless post-hookah, you should grab a drink beforehand. U-topia (1418 U St. NW) is right down the road and every day between 4 p.m. and 5 p.m., all their drinks are half-price. If you're feeling flush, order up a slice of their cheesecake, because it's the best in the neighborhood and possibly the world. Probably not the world.

Revival of the Fittest

Jimi Hendrix is back with an album of lost songs, plus a set of remastered originals

CD Review

There's a pesky ghost in a ruffled rainbow shirt and he just won't leave us alone.

His name is Jimi Hendrix and since his death nearly 40 years ago, he's gone from rock paragon to boomer nostalgia mascot to video game avatar — and he's sounded pretty great the entire time.

And while the guitarist's tie-dyed influence on American music has refused to fade, Tuesday marks a new wave of Hendrixophilia: the release of "Valleys of Neptune," a splendid collection of recordings, most from his final days with the Jimi Hendrix Experience.

It's a warning shot. "Valleys" will be released on Tuesday, alongside other remastered original Hendrix albums. Reports say that the late guitarist's estate is preparing a forthcoming anthology, too. Meantime, blogs continue to churn with rumors of a Rock Band video game that will give players the opportunity to channel their idol.

"Valleys of Neptune" kicks things off with 12 unreleased Hendrix recordings. The disc's big revelation is its title track, with guitar chords skipping and skidding across the beat, Hendrix bellowing about his alien origins, "Mercury



Most of "Neptune" is from Hendrix's final days in the Jimi Hendrix Experience (Noel Redding, left, and Mitch Mitchell, right).



Tweaking

A Little More Perfect

A few of the takes on "Valleys of Neptune" ("Mr. Bad Luck," "Lover Man," "Crying Blue Rain") were touched up by original Jimi Hendrix Experience members Noel Redding and Mitch Mitchell in 1987. It isn't a travesty, considering that Hendrix never shied from studio trickery. Having pushed so many envelopes in the realm of technology and timbre, one gets the sense that he would have loved Auto-Tune if he were still making music today. *c.r.*

liquid and emeralds shining, showing me where I came from."

The man also knew when to stay earthbound, and does just that with "Ships Passing Through the Night." It's a rolling, robust blues,

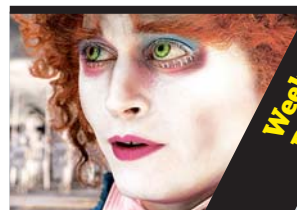
his guitar swathed in an underwater warble that never blurs his human touch.

"Hear My Train a Comin'" unloads a similar bag of thrills, the guitarist wailing away while

his rhythm section lurches along behind him.

Why does this stuff still sound so good? Hendrix's music still manages to violate our expectations with a subtlety that feels like magic. He remains strangely virtuosic, his playing full of sweet micro-imperfections. His fingers tease the tempo. He pulls notes back, rushes others forward, coaxing now-familiar noises from his Stratocaster as if it were a series of miraculous accidents.

You can hear the music *happening* — a distinct, 21st-century pleasure that feels both quaint and mysterious. **CHRIS RICHARDS** (THE WASHINGTON POST)



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Dear John
\$2.9 M

Compiled by Fiona Zublin. For more upcoming events, follow the Top Stops blog at expressnightout.com/topstops.

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top
stops



1 Artistic Process

William Christenberry is a very, very important painter, a Washington treasure. But his exhibit at Hemphill right now isn't of painting — it's of the snapshots he took with a tiny vintage camera of things he'd later paint. It's a fascinating showing of what catches an artist's eye. **F.Z. Hemphill Fine Arts, 1515 14th St. NW; through March 13, free; 202-234-5601, Hemphillfinearts.com. (Dupont Circle)**

2 Silk Road Dreams

Turkey's location at the crossroads of Asia, Europe and Africa makes for a somewhat hairy political situation — but on the plus side, you get some great cross-cultural art. The National Museum of Women in the Arts highlights women's contributions to the Turkish scene in "A Dream ... But Not Yours." **F.Z. National Museum of Women in the Arts, 1250 New York Ave. NW; through May 16, \$8-\$10; 703-584-8459, Nmwa.org. (Metro Center)**

3 No Blue People!

Now that you're blockbusted out post-Oscars, why not take a minute for a little foreign movie? "One Day in Europe," showing at the Goethe-Institut, is one of those four-different-stories-in-four-different-cities-show-us-how-connected-we-all-truly-are films, but not in a bad way. **F.Z. Goethe-Institut, 812 7th St. NW; Mon., March 8, 6:30 p.m., \$4-\$6; 202-289-1200, Goethe.de/Washington. (Gallery Place)**



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Best Bets

BRAVO 8:00 **Chuck** When Chuck can't flash, he gets left behind while Shaw, Casey and Sarah go on a mission. Back at the base, however, Chuck runs into a sticky situation in "Chuck Versus the Beard."

FAM 9:00 **Make It or Break It** Kaylie sits out the invitational against the Chinese, leaving her teammates on shaky ground. Emily struggles with her confidence while dealing with a broken heart, and Damon tries to reach her to tell her his big news before it's too late in the first season finale, "Are We Family?"

NBC 9:00 **Trauma** Nancy is forced to confront one of her greatest phobias as she treats a construction worker who is trapped underground after falling down a manhole. Marisa and Rabbit are summoned to the scene of a bank robbery.

NBC 10:00 **Law & Order** After a woman's body is found stashed on a food service cart in a hotel, the investigation turns up evidence that leads to a medical-school research project. The case gets complicated when a crafty lawyer interferes. (TRIBUNE MEDIA)



THE BACHELOR: JASON AND MOLLY'S WEDDING

To Have and to Exploit

ABC 8:00 We're gathered here today to join together "The Bachelor: Jason and Molly's Wedding" to its willing audience of emotional voyeurs. This is the first "Bachelor" couple ever to walk down the aisle. One wedding, after 14 seasons? If this were a dating service, it would be out of business, or at least investigated for consumer fraud. But what about Trista and Ryan, you ask? Trista chose Ryan on "The Bachelorette." Their wedding was broadcast as part of a three-night "event." So we're getting off easy this time. KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

Lessons



A Crude Topic

National Geographic invites us to "Aftermath: World Without Oil" (10 p.m., National Geographic), a glance at several possible scenarios for the world's economy, agriculture and societies when the supply of Texas Tea finally peters out. The hour examines the choices facing us in the event of king oil's demise. Will societies put greater emphasis on alternative fuels, or in developing more sustainable ways of life? K.M.

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BY INVITATION ONLY: UPCOMING WEDDINGS & UNIONS



Ashley De Boer, Alex Vande Bunte

Ashley, 23, is an exhibits and registration coordinator. Alex, 24, is a technical and operations manager. They live in Alexandria.

- **The Main Event:** They're tying the knot May 22 in Michigan, at the university where they met, Grand Valley State.
- **How They Met:** In climatology class. They were put into a lab group together to analyze weather, and when they took a wrong measurement, "Alex volunteered to go with me

to fix it, even though the job only required one person."

■ **First Impressions:** "I thought she was probably the cutest girl in the class."

■ **First Date:** They went to a haunted house and then got dinner at Steak N'Shake.

■ **How He Proposed:** Third time's the charm. First, he wanted to do it at her favorite Mexican restaurant, but it had burned down. Then he wanted to take her ice skating, but the rink was closed. He finally got her out on a pier on Lake Michigan in the middle of winter, and in the midst of her complaining about the cold, he proposed.

■ **Mmm, Cake:** Cake from Costco. "Neither Alex nor I are big cake fans, but my family LOVES Costco cake."

"I complained the whole time about it being cold out, but then he took out the ring."



The Apple of My Eye

Byron Hartman snuck Lauren Starck out to a Charlottesville apple orchard to propose, but there was a problem: The orchard was teeming with people. "I started wandering as far away as I could and luckily Lauren followed me," says Byron. Once alone, he persuaded her to turn around by lying about seeing something in the distance — when she turned back, she saw him on one knee holding the ring. "It was oh, so romantic," says Lauren. "She started crying and hyperventilating," says Byron. "She eventually said yes, though, and proceeded to cry the rest of the day."

Byron, 24, is a senior consultant. Lauren, 25, is a government affairs specialist. The couple, who met in college, live in Arlington and will wed July 31 at a Virginia bed and breakfast in the countryside.



Simy Benchimol, Nilo Cuervo

Simy, 33, is a clinical coordinator. Nilo, 30, is a trial attorney. They live in D.C.

- **The Main Event:** March 6 is the big day, when they'll get married in a ceremony celebrating both Simy's Jewish heritage and Nilo's Catholic faith.
- **How They Met:** In college. She was in another relationship at the time, but they flirted casually for a few months. "When my boyfriend and I broke up, the flirting intensified and soon we were eating lunch together every day."
- **First Date:** "I was leaving for a Brazil vacation and Nilo insisted that we hang out before I left. The only

"I told Simy she was my Margaritaville and that I wanted to spend my life with her."

time I had available was after my best friend's wedding. After the wedding, Nilo picked me up and we went dancing and to Denny's afterwards (typical Miami night out!)."

- **How He Proposed:** On the beach in Miami. "I got down on one knee and proposed, telling Simy that she is my Margaritaville and that I wanted to spend the rest of my life with her."
- **Pet Names:** He calls her "Gordy."
- **Most Hated Clothing Item:** His hole-filled workout tank tops; her pajama bottoms featuring Thumper, the rabbit from Bambi.

■ **With Infinite Funds:** They would have hired Jimmy Buffet to play at the reception.

Marta Horvat, Tom Jepsen

Marta, 25, is a senior analyst. Tom, 27, is a quality assurance analyst. They live in D.C.

- **The Main Event:** A May 22 semi-formal, traditional ceremony.
- **How They Met:** They both used to work at the same place. She had a crush on his friend, "so I was trying to be friends with Tom so that I could get to know the other guy. My plans did

not go as expected."

■ **First Impressions:** "I assumed she was just digging me. Why else would she approach me and chat me up for an hour?"

■ **First Date:** Happy Hour at Rock Bottom Brewery in Bethesda. They didn't have that much in common, but gave it a second try a few weeks later.

■ **How He Proposed:** On the dock at the Georgetown Waterfront, in the rain. "I almost



dropped the ring between the cracks of the dock! I don't know whether I would have thrown up or cried if that happened," says Tom.

■ **Pet Names:** She's "SMarti," he's "Tom-Tom."

■ **Stupidest Fight:** When he ate a Hot Pocket in front of her without offering her any.

■ **Wedding Jitters:** "Cutting myself badly while shaving," says Tom.

■ **Celebrating Heritage:** Marta's Russian heritage says that any guest who wants to toast, gets to.

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Yesterday's Results

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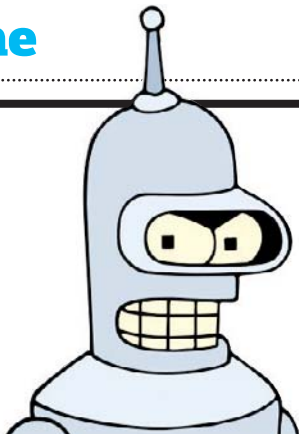
"If students are guilty of destroying property, then they should receive the proper consequences. I'm not sure if this entails expulsion, though."

COMMENTER ALMOST ARRESTED

"Most definitely. Being a former resident of [College Park], I have seen these morons constantly destroy others' personal property regardless of UMD winning or losing. These idiots should be thrown in jail without bond for at least a month."

COMMENTER LOL

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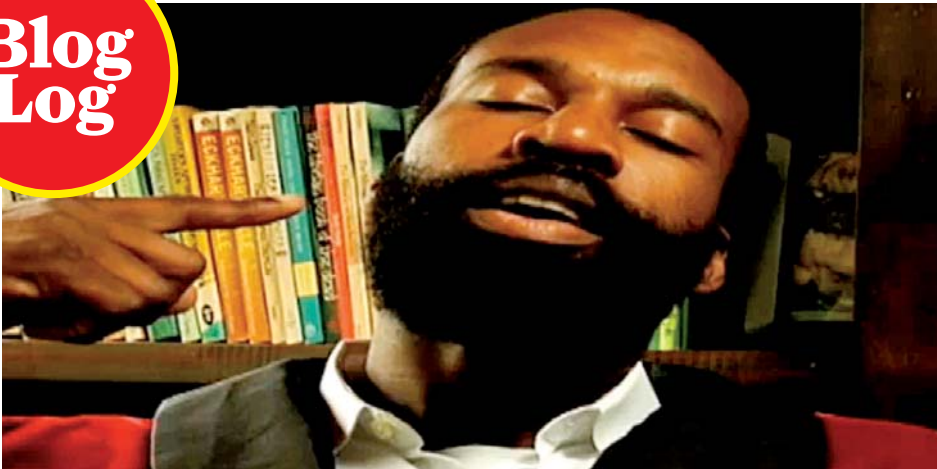


"Now there is the chance that the show comes back and sucks terribly. ... Instead, I'll hope that it follows in the footsteps of 'Family Guy' and comes back more refined and funnier than ever."

— ARAM KHATATPOUR AT HUFFINGTONPOST.COM IS LOOKING FORWARD TO THE RETURN OF THE ANIMATED SERIES 'FUTURAMA' ON COMEDY CENTRAL LATER THIS YEAR.

"[Apparently] D.C. mayor Adrian Fenty is a corrupt little whiny-pants who funnels huge sums of government money to his friends. At least Marion Barry was corrupt but personable."

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puzzles lookout

Horoscope

PISCES (Feb. 19-March 20) The usual advice may not serve you well — not because you cannot follow it but because it may not be suitable to the situation.

ARIES (March 21-April 19) You may find yourself fighting an uphill battle. Take the time to assess your situation carefully before choosing to continue.

TAURUS (April 20-May 20) There is light at the end of the tunnel, but it is still far in the distance. Nevertheless, a stroke of good luck propels you forward.

GEMINI (May 21-June 20) Stay calm, and try to focus on each individual task. This can keep you from becoming overwhelmed by the volume of things you must do.

CANCER (June 21-July 22) If you find that the usual techniques aren't working for you, feel free to explore more unconventional methods.

LEO (July 23-Aug. 22) You may be depending on others more than usual, but this doesn't mean your abilities are failing you. There's strength in numbers.

VIRGO (Aug. 23-Sept. 22) Don't be fooled by a situation that promises more fun than danger; take the time to assess the real dangers that lurk beneath the surface.

LIBRA (Sept. 23-Oct. 22) You are after bargains, and you can certainly find them, but be willing to look in some strange and unfamiliar places.

SCORPIO (Oct. 23-Nov. 21) You may find yourself in a situation in which your usual tools don't work for you. It's time to trust your instincts.

SAGITTARIUS (Nov. 22-Dec. 21) You'll want to have a solid backup plan that you can rely on if your first efforts don't yield the results you anticipate.

CAPRICORN (Dec. 22-Jan. 19) You can impress even one of your most vocal critics by doing something even he or she is unwilling to attempt. It might actually be easy.

AQUARIUS (Jan. 20-Feb. 18) Miss only one warning sign and you'll find yourself in a situation that is perhaps more awkward than dangerous. Heed the signs.

Scrabble Grams

PAR SCORE 150-160, BEST SCORE 214

E ₁	I ₁	U ₁	Y ₄	L ₁	Q ₁₀	C ₃

3rd Letter Triple

--

RACK 1

E ₁	O ₁	O ₁	U ₁	T ₁	C ₃	P ₃

--

RACK 2

A ₁	E ₁	U ₁	M ₃	T ₁	T ₁	N ₁

--

RACK 3

A ₁	A ₁	E ₁	G ₂	N ₁	D ₂	B ₃

Double Word Score

--

RACK 4

Yesterday's Solution

S ₁	O ₁	L ₁	U ₁	B ₃	L ₁	E ₁
F ₄	U ₁	R ₁	L ₁	E ₁	S ₁	S ₁
S ₁	H ₄	R ₁	I ₁	M ₃	P ₃	
R ₁	E ₁	P ₃	T ₁	I ₁	L ₁	E ₁

PAR SCORE 145-155

RACK 1 =	59
RACK 2 =	80
RACK 3 =	13
RACK 4 =	62
TOTAL	214

FOUR RACK TOTAL

Make a 2-7 letter word from the letters in each row. Add points of each word using scoring directions at right. 7-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Sudoku

EASY

	3		1	6		9	
8		1				3	5
9							8
2		4	9		5	6	7
7		6	8		4	1	9
3							1
5		7				8	6
	1		4	2		7	

Yesterday's Solution

1	9	3	8	4	6	5	7	2
6	8	4	2	7	5	3	1	9
7	5	2	1	3	9	4	6	8
8	3	1	6	9	4	2	5	7
9	6	7	3	5	2	8	4	1
4	2	5	7	1	8	6	9	3
2	1	6	4	8	7	9	3	5
3	4	9	5	2	1	7	8	6
5	7	8	9	6	3	1	2	4

Need more Sudoku? Find another puzzle in the Comics section of the Post every Sunday and in the Style section Monday through Saturday.

© PUZZLES BY PAPPOCOM

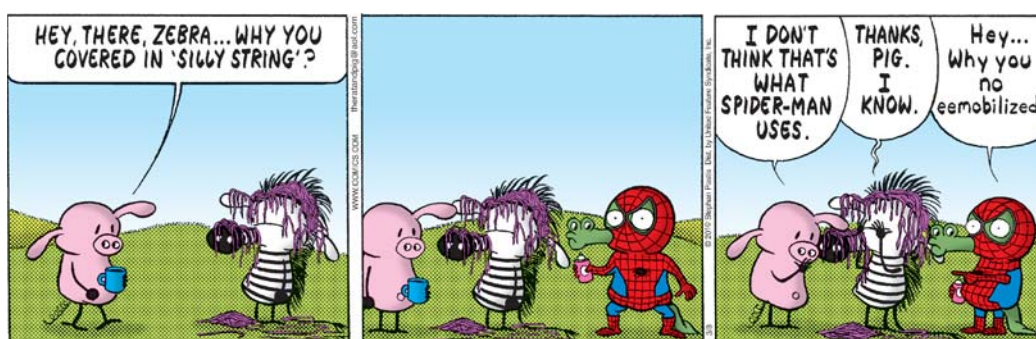
Comics

FIND MORE COMICS AT EXPRESSNIGHTOUT.COM

POOCH CAFE | PAUL GILLIGAN



PEARLS BEFORE SWINE | STEPHAN PASTIS



Forecast

57 | 38

Today: Pleasant today with plenty of sun. Clear tonight.

58 | 44

Tomorrow: Mostly sunny and nice tomorrow. Partly cloudy tomorrow night.

Looking Ahead

WED **61 | 46** **THU** **61 | 47** **FRI** **61 | 45**

Sun and Moon

Sunrise today: 6:31 a.m.
Sunset today: 6:08 p.m.
Moonrise today: 2:14 a.m.
Moonset today: 11:32 a.m.

Almanac


Normal high: 53
Record high: 77
Normal low: 35
Record low: 13

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lookout puzzles

Crossword

COMBO MEALS

ACROSS

- 1 Sci-fi movie creature
- 5 Rose feature
- 10 "Get a load of ____!"
- 14 Buck in Bordeaux
- 15 Color-changing lizard
- 16 Bee, to Andy
- 17 BP subsidiary
- 18 Prepares leftovers
- 19 Bear in the night sky
- 20 Combo meal
- 23 Leafy garnish
- 24 "In the merry ____ of May ..."
- 25 Buckingham, e.g.
- 28 "The Brady Bunch" name
- 30 Bridge accomplishment
- 31 Aircraft parking spot
- 33 Partner of "away"
- 36 Combo meal
- 40 "Excellent adventure" taker of film
- 41 Shot the scene again
- 42 "Ella Enchanted" star Hathaway
- 43 Finders may keep them
- 44 LASIK target
- 46 Pyro maniac's crime
- 49 Calabash, for one
- 51 Combo meal
- 57 Cheese coated in red paraffin
- 58 Ice dams may form in them
- 59 Gallimaufry
- 60 "The ____ of Spring"
- 61 Buy a meal for
- 62 Dinner table faux pas
- 63 "Tres ____" ("very well," in Paris)
- 64 Medicinal herb of the pea family
- 65 "Do it or ____!"

DOWN

- 1 Grin from ear to ear
- 2 Act the femme fatale
- 3 "Free Willy" animal
- 4 Drilling site
- 5 "Dances With Wolves" foe

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20					21						22			
				23							24			
25	26	27						28	29					
30						31	32					33	34	35
36					37	38					39			
40					41						42			
				43							44	45		
46	47	48						49	50					
51						52	53					54	55	56
57						58					59			
60						61					62			
63						64					65			

EDITED BY TIMOTHY E. PARKER

- 6 "By Jove!"
- 7 Infield protectors
- 8 Battlefield supply, for short
- 9 Cellar dweller's place
- 10 Blackfish
- 11 Second- largest Great Lake
- 12 Alaska on a map, sometimes
- 13 Hidden treasure
- 21 Basketball's three-point line, e.g.
- 22 "FoxTrot" cartoonist
- 25 Furtive summons
- 26 Skin balm
- 27 Acclaim
- 28 Home coming attendee
- 29 Silver or Howard
- 31 Affixes
- 32 Abbr. on a tire
- 33 Sawyer's pal
- 34 Unappealing skin condition
- 35 Big bird of the pampas
- 37 Team building?
- 38 Bio word
- 39 Clothing collection
- 43 Enemies, archaically
- 44 Hill with a cliff on one side
- 45 Beast in "The Lord of the Rings"
- 46 Like a sourball
- 47 Geometry-class measurements
- 48 Do axels and lutzes
- 49 Accepted fact
- 50 Arctic, for one

- 52 Jersey pros
- 53 Advice for the timid
- 54 Twelfth Jewish month
- 55 Gets out in the open
- 56 Sulk

Yesterday's Solution

1	2	3	4	5	6	7	8	9	10	11	12	13
D	E	A	L	R	E	P	O	S	E	P	E	R
E	R	G	O	A	N	E	M	I	A	E	L	I
C	R	O	W	N	J	E	W	E	L	S	R	A
A	C	T	O	R	S	E	A	E	G	O	T	R
P	L	A	Y	A	C	T	G	A	D	E	D	
T	O	P	H	I	P	B	O	N	E			
T	E	M	P	L	E	S	O	F	D	O	M	
S	I	R	R	E	E	R	O	S	I	V	E	
A	B	A	C	A	N	D	K	E	R	N	S	
D	E	C	I	M	A	T	E	M	R	S		
I	R	E	B	R	O	W	B	E	A	T	E	
S	I	R	L	E	M	M	O	N	L	E	E	
M	A	S	E	A	S	E	L	S	E	N	V	

Today in History

1862 During the Civil War, the ironclad CSS Virginia rams and sinks the USS Cumberland and heavily damaged the USS Congress, off Newport News, Va.

1960 Democrat John F. Kennedy and Republican Richard M. Nixon win New Hampshire's presidential primary.

2000 President Bill Clinton submits a bill to establish permanent normal trade relations with China.

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**HATERS****Everyone Else Can Die Quietly of Rectal Cancer**

Sean Penn has strong words for those who think his aid to Haiti is an attempt to show off. In an interview on the CBS show "Sunday Morning," the actor says he hopes anyone who maligns his efforts will "die screaming of rectal cancer." Besides raising funds, Penn said he contributed his own money. When asked how much, he replied, "Enough that I'd better get a job soon." (AP)

MANNERS**Musician Politely Refers To Kim Zolciak as 'Artist'**

DJ Tracy Young has denied dating Kim Zolciak, a star of "The Real Housewives of Atlanta," telling Us magazine.com that they are "close friends due to our shared interest in music." "Allegations of a secret affair aren't new to me," Young said. "It seems whenever I work with a high-profile female artist, someone is always trying to link us romantically." (EXPRESS)



DARIO CANTATORE/GETTY IMAGES

But for the the wig, makeup and breast augmentation, the two would be twins.

Dirtbag Digest**Lohan Excited To Milk Illness**

Michael Lohan suffered a "near-stroke" Saturday, Radaronline.com reported. The father of Lindsay Lohan was taken to a Massachusetts hospital when he complained of chest pain and failed a physical for a Celebrity Boxing Federation match. (Lohan was scheduled to fight non-celebrity Todd Poulton.) Girlfriend and Jon Gosselin-ex Kate Majors accompanied Lohan to the hospital. "I'm OK so far but they said I need tests and a procedure," Lohan said Sunday morning. (EXPRESS)



JASON KEMPING/GETTY IMAGES

Her usual embellished leotard ensemble seemed inappropriate for the day.

CHARITY**Beyonce <3 Brooklyn**

The president of Brooklyn, Marty Markowitz, has declared Beyonce an official Brooklynite. The singer visited the borough Friday for the opening of the Beyonce Cosmetology Center at a residential substance abuse treatment home. The Phoenix House offers many vocational skills programs, but Beyonce felt not enough were geared toward women. The new program is a seven-month course in cosmetology for both men and women. Beyonce and mom Tina Knowles will donate \$100,000 each year. (AP)

**PARENTHOOD****Duo Briefly Notable for Sex Tape Is Boring Again**

Eric Dane and Rebecca Gayheart have welcomed their first child, a baby girl. Their publicist said Gayheart gave birth Wednesday in Los Angeles, and that "mother, father and daughter are doing great." The name of the girl was not announced. Dane stars on the ABC drama "Grey's Anatomy" and most recently played a Brett Favre-esque quarterback in "Valentine's Day." (AP)

"I thought no one went to see this film, but I know that there are more than 700 members here."



— **SANDRA BULLOCK**, WHO ACCEPTED HER RAZZIE FOR WORST FEMALE PERFORMANCE IN PERSON ON SATURDAY. SHE "WON" THE "AWARD" FOR "ALL ABOUT STEVE."

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